



# Royal Treatment



Nibhana Spa, which specializes  
commoners feel like King, Queen



On the eighth floor of Natural Ville Executive Residences, along Lang Suan Road, sits a gem of a spa. Step off the elevator and into a world of regal beauty and elegant design. Nibhana spa was inspired in part by the brilliant, Vimanmek Palace. Built by King Rama V (King Chulalongkorn), Vimanmek is





in royal treatments, was designed to make even  
or Maharaja for the day.

believed to be the world's largest building made entirely of golden teak. These majestic influences are immediately evident upon arrival. The interior design alone is enough to make one feel semi-divine, with fine wood carvings, gold trim,

gossamer-like textiles and a rich array of stately ornamentation.

"With Nibhana Spa we're aiming to raise the bar of the Thai spa experience, to be on par with other world-class spas," says Laksuree Detrerkan, PR spokeswoman for

Nibhana. "Nibhana has a royal concept, the inspiration being largely derived from Thailand's rich cultural heritage." But the spacious, airy interior, along with ten, well-appointed treatment rooms, reflect not only Thai royal style, but incorporate

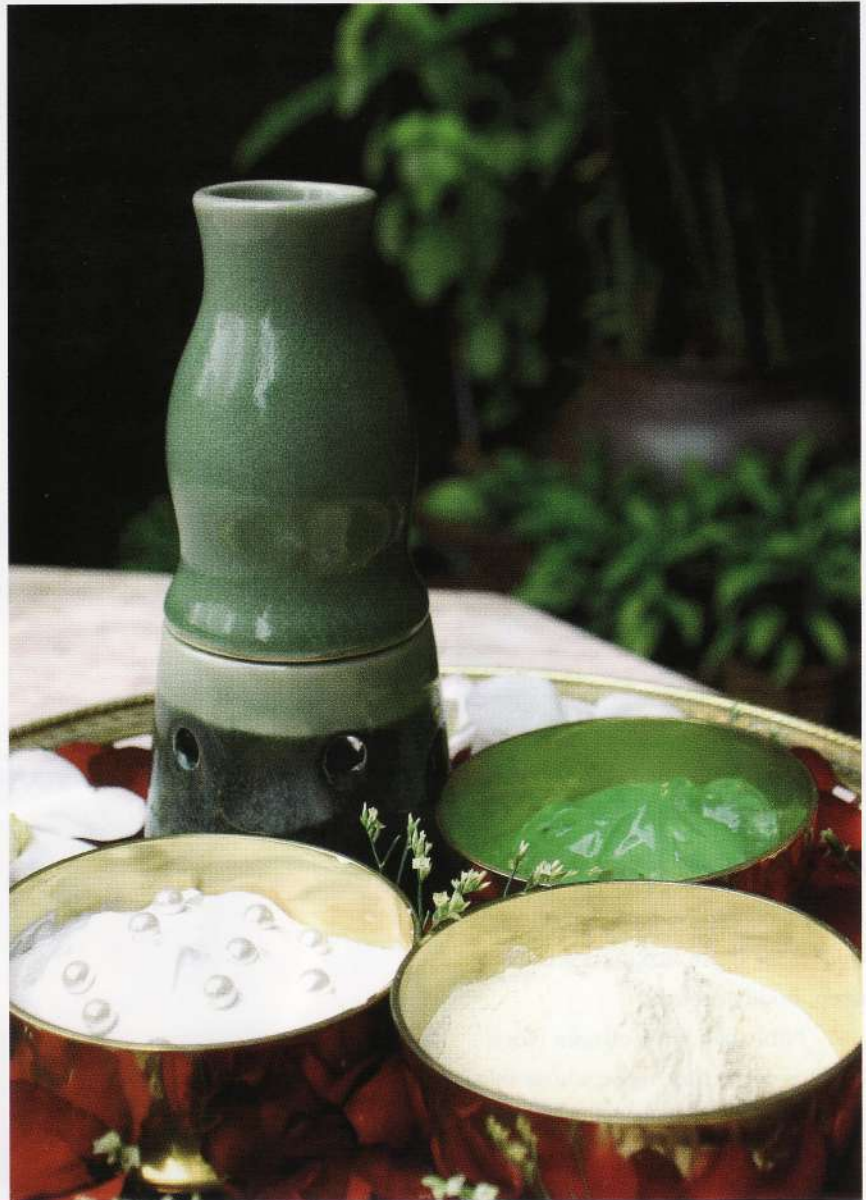




noble Indian and Chinese elements as well. Walk through a Moghul-arched doorway or lounge on one of the pillow-strewn daybeds in the atrium as you await your own royal treatment.

Each of the three couple's suites at Nibhana offers a different cultural theme with specific accompanying care. The Maharaja Room is the place to go for some of ancient India's best-kept beauty secrets. It is here that you can enjoy Ayurvedic healing combined with ancient, Royal Thai herbal recipes. A Majestic Glow treatment in the Chinese Suite uses therapies designed a thousand years ago to preserve the beauty of Empresses past, while a visit to the Royal Bride Suite lets you indulge in the same





beauty and healthcare given to Thailand's beloved queens.

Nibhana Spa's products are of premium quality and have been developed from ancient recipes for their exclusive use. It is the developers' intention to preserve these formulas for future generations as part of Asia's cultural heritage. The all-natural ingredients include a number of flowers and flower essences, gold leaf, crushed pearls, and plant pollens. Their oils, lotions, masks, muds and powders are so fresh that they are not even sold to the public.

Nibhana's Signature treatment is the Maharaja. A true indulgence of imperial splendor, this 240 minute dip into Nirvana is like no other.

Following a detoxifying foot bath and scrub, you can luxuriate first in a full-body oil soak followed by a seven flower powder scrub. Next is a gentle but thorough head massage and hair detoxification before you are

immersed in aromatic steam for yet another scrub with milk powder. Just when you think it could not get any better, your therapist will massage you with a golden oil rub before your four hours of noble care is complete with a milky Jacuzzi bath.

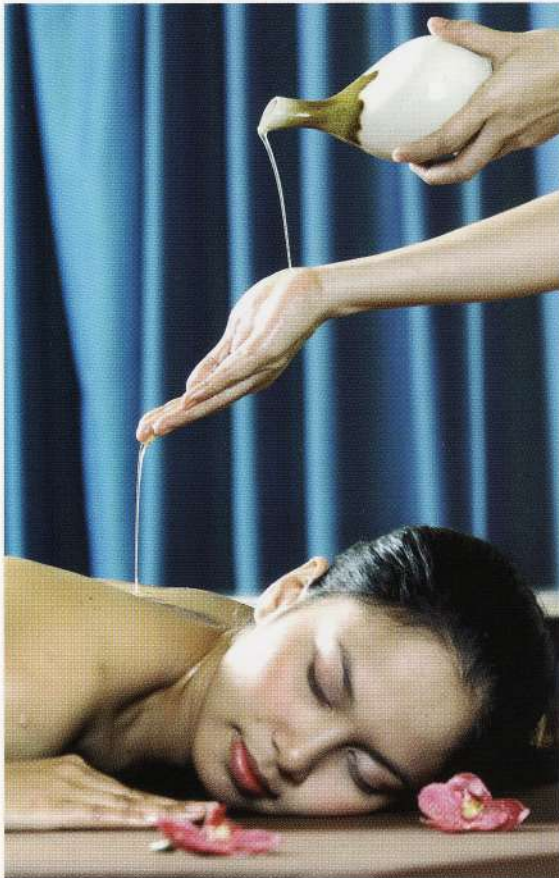
If you are feeling more the

Empress than the Maharani, perhaps a Chinese Majestic Glow is more fitting. These Pearl-of-the-Orient therapies leave your inner organs and your skin literally glowing. Choose from either the 210 minute Yang

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Detoxifying Deluxe or the 180 minute Yin Collagen Ivory Spirit treatments and dive into a once Forbidden City of well-being. The Yang Detox Deluxe is a total well-being treatment designed for bodily restoration. Integrating detoxifying massage techniques, lymphatic drainage, warm





ginseng oil and herbal compresses, it is ideal for those seeking a sense of deep, bodily rebirth.

Nibhana's Yin Collagen Ivory Spirit is perfect for those whose skin is in need of a radiant uplift. The entire treatment is designed to draw out impurities in the body that effect skin health. A gentle body brush and carnation oil body cover sooth your skin while the herbal steam, lime body cover and Asian herb powder are formulated to fight rashes and acne, tighten pores and lighten skin. The final step, a Hydro Collagen body massage, helps enhance the skin's elasticity and generate new skin cells, resulting in a new, glowing you.

In ancient and modern times, Thai queens were known for their glowing and radiant skin. The royal purification process these queens enjoyed is now available to anyone seeking a sunny countenance. Nibhana Spa has recreated this glorious beautification process with their Royal Bride treatment. Utilizing white pearl powder for body scrub



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and mud mask is the key - but not the only - ingredient to this masterful mix of massage and deep body cleansing. Mineral-rich Tanaka powder is used to help the face and body's UV defenses in a warm aroma cover, while a gentle white pearl body scrub exfoliates your skin. A warm oil massage and Jacuzzi milk bath round out this anti-aging treatment, leaving you as radiant as a Queen or King.

In addition to these Royal Asian treatments, Nibhana offers guests a

full menu of other massage and spa services. Its convenient location, incomparable ambiance and outstanding care make Nibhana an imperial choice in this Kingdom of Smiles. ■

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